
PRE-OPERATIVE CHECKLIST FOR FOOT & ANKLE SURGERY

- Contact your insurance about Coverage
- Schedule surgery with Christie Clinic Department of Foot & Ankle Surgery
- Schedule Pre-operative medical clearance appointment with primary care provider.
- Arrange for transportation to and from surgery
- Arrange for assistance at home for post-op recovery for first few days
- Attend preoperative appointment with primary care provider and foot & ankle surgeon
- Fill any assistive device prescriptions
- Fill any pain medication prescriptions
- Confirm surgery date & time
- Thoroughly wash and scrub feet night before surgery
- Avoid eating or drinking after midnight
- Arrive 90 minutes prior to scheduled surgery time